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## InStyle AUGUST'09 SPEED READ

## Smart Steps for Shoe Care

## **HOW TO PROTECT**

**Leather** Even before wearing, spray on a stain guard (we like Leather Spa's Shoe Protector, \$8; 212-527-9944): You don't want to seal in dirt or marks. Remember to spray the soles too!

**Suede** Clean frequently with a suede brush; it'll keep the material looking new and get rid of any dirt under the surface.

**Stilettos** To make a pair really last, reinforce soles and heels right after buying. Store with cedar shoe trees. They smell great, absorb moisture, and help hold shape.

## CUSHIONING YOUR FOOT

Buy a half size up if your feet are prone to swelling or

