



your Look | Q&A

Q I love high heels, but how do I find comfortable ones?

A Try on pairs with a platform of at least 1 inch, which decreases the relative heel height. Or borrow this editor trick: Have a repair shop add foam padding to the inner soles of your stilettos. The extra cushioning is well worth the cost (about \$10), says David Mesquita, owner of N.Y.C.'s Leather Spa.

Patent leather,
Sergio Rossi, \$590;
sergirossi.com.

